



## Court Positions

Z 5	Z 4	Z 2	Z 1
Z 6	Z 3	Z 3	Z 6
Z 1	Z 2	Z 4	Z 5

LB	LF	RF	RB
MB	MF	MF	MB
RB	RF	LF	LB

### **Right Back**

The player that is right back is in the rotation position in the backcourt on right side of the court. At the start of the rally, this is the player that starts in Zone 1. When a team rotates, it's the player rotating to the right back position that goes back to serve.

### **Right Front**

The player that is right front is in the rotation position at the net on right side of the court. At the start of the rally, this is the player that starts in Zone 2.

### **Middle Front**

The player that is middle front is in the rotation position at the net in the center. At the start of the rally, this is the player that starts in Zone 3.

### **Left Front**

The player that is left front is in the rotation position at the net on left side of the court. At the start of the rally, this is the player that starts in Zone 4.

### **Left Back**

The player that is left back is in the rotation position in the backcourt on the left side of the court. At the start of the rally, this is the player that starts in Zone 5.

### **Middle Back**

The player that is middle back is in the rotation position in the backcourt in the middle. At the start of the rally, this is the player that starts in Zone 6.