

## Training #2

### Prior to Game

- At least one day before
  - Text co-official(s) to confirm game time/site/attire and arrival
- 30-60 minutes prior to gametime
  - Sign paperwork, submit w-9, introduce yourself to co-official, administration (game admin, scorekeepers, line judges, etc)
    - Where will they be located, timeout procedure, responsibilities etc.
  - Check net height, antennas, referee stand, game ball pressure etc.
- 15 minutes before
  - Communicate with home coach (will there be introductions, national anthem)
  - Remind both coaches to submit roster by 10 minutes and designate who the captains are

### Pre-Game

- R1 – conduct coin toss (see notes for last training), R2 – get copy of roster (get familiar with different formats of roster/form)
- R1 - Notify scorekeeper of who will serve; R2 – begin writing down the player #'s on lineup card
- R1 & R2 observe warm-up for both teams - 4-4-2
  - Things to observe are:
    - Setters' hands – their release, do they hold the ball, do they use two separate hands, etc.
    - Hitter's form – do they throw the ball, do they jump straight up or into the net, do their feet cross the net, backrow hitters, etc.
    - Libero or blockers – form

- Line Up (Initiate Game)

Front

Back

Home ____ R/S ____					
1					1
					2
					3
2					4
					5
					6
3					7
					8
					9
4					10
					11
					12
5					13
					14
					15
6					16
					17
					18

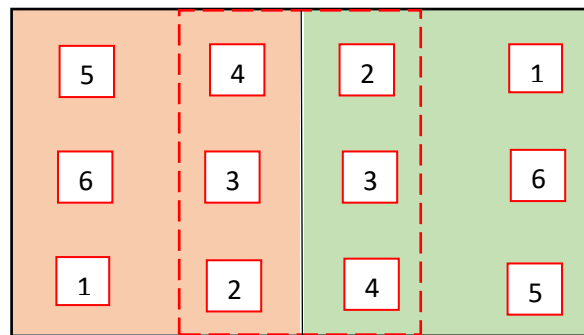
Visitor ____ R/S ____					
1					1
					2
					3
2					4
					5
					6
3					7
					8
					9
4					10
					11
					12
5					13
					14
					15
6					16
					17
					18



Players rotation (Clockwise)



Ref Check (Counter)



Terminology – End line, sideline, 10-ft line, center line, middle back, left back, right back, LF, MF, RF

### Questions:

1. Who is serving after 2?
2. Who serves before 6?
3. Who is on the left of 3 and who is on the right of 3?
4. Let's say this is the line up but right team is receiving and left team is serving. How do you fix?

Homework – Learn the positions, learn the line up card, practice pregame speech and flip

## Signals

### Reminders – R1:

- Loud whistle, Be confident and patient
- Eye contact with R2, scorekeepers and L J

### Reminders – R2:

- Loud whistle, Be confident and patient
- Stay active – always point towards the pole
- Don't ball watch
- Check in with SKs during timeouts – how many timeouts, how many subs, etc.

### Review all signals together:

1. Illegal Alignment/Improper Service/Inaccurate Lineup
2. Line Violation
3. Illegal Hit
4. Delay of Service
5. Over-the-Net
6. Net Fault or Net Serve
7. Legal Back-Row Attack
8. Illegal Attack
9. Illegal Block/Screening
10. Ball Touched – Shank 1<sup>st</sup> hit or blocked ball - tip
11. Four Hits
12. Double Hit
13. Ball Lands Inbounds
14. Out of Bounds / Antenna Violation
15. Begin Serve
16. Substitution
17. Authorization to Enter
18. Point
19. Replay/Re-serve
20. Time-out
  - Team
  - Official
21. Unnecessary Delay
22. End of Set
23. Change of Courts

[https://www.nfhs.org/media/1018070/2017-18\\_volleyball\\_rules\\_book\\_official\\_signals.pdf](https://www.nfhs.org/media/1018070/2017-18_volleyball_rules_book_official_signals.pdf)

<http://www.intra-focus.com/taso/docs/2020SignalingPlayerNumbers.pdf>